

Norfolk & Norwich Hospitals Charity supporter magazine | Winter 2022

Focus



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Norfolk & Norwich
Hospitals Charity
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About us

The N&N Hospitals Charity (1048170) raises money to support patients, their families and our staff at Norfolk and Norwich University Hospitals NHS Foundation Trust, which covers all our sites including the NNUH, Jenny Lind Children's Hospital and Cromer & District Hospital.

We are committed to ensuring that every pound you raise is invested in our hospitals to help provide extra equipment, staff development, research, and enhanced environment and facilities at the Trust.

If you would like to know more about how you can support our Charity, we would love to hear from you. Email us at fundraising@nnuh.nhs.uk or call **01603 287107**.

Welcome!

Welcome to our Winter edition featuring some of the fundraisers who have gone the extra mile for our charity.

Four years ago, The Forum Trust, the independent charity that runs the iconic Forum building in the centre of Norwich, helped the N&N Hospitals Charity launch the Boudicca Breast Cancer Appeal.

The speakers on the night told hugely personal stories and stressed that cancer will affect every family. How right they were. Shortly afterwards one of them was diagnosed with bowel cancer. Thanks to the care she received she is making a good recovery.

Cancer had already hit the family of one of our event organisers. Since the launch she was diagnosed with breast cancer. Again, thanks to the expertise at the Norfolk and Norwich University Hospital and the exceptional care she received she is back at work. As she sat waiting for treatment, she realised her future was now dependent on the equipment she had helped raise the money to buy.

I recently walked past our local community centre where the mobile breast screening unit was parked up, displaying the Boudicca branding. It made me think about all the people who have been and continue to benefit from the charity. It was a privilege to help and we were delighted to receive the Charity Champion award.



Tim Bishop
Chief Executive,
The Forum Trust

If you would like to share your fundraising story, email us at fundraising@nnuh.nhs.uk



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www.linkedin.com/in/nnhospcharity



www.nnhospitalscharity.org.uk

Imaging Appeal launch

As part of the celebrations marking the 250 years since the Norfolk and Norwich Hospital welcomed its first patients, the N&N Hospitals Charity has launched an appeal to help fund additional state-of-the-art imaging services, equipment and facilities.



The original Norfolk and Norwich Hospital was built and operated thanks to the generosity and charitable donations of our local community, and in the years since 1772 that

support has continued to enable improvements to be made for healthcare services in the region, over and above what NHS funding can provide today.

The N&N Imaging Appeal has been launched to provide another significant step forward for our NHS hospitals and Norfolk patients, aiming to support additional imaging facilities, including those not yet available in the county, particularly for Cardiac and Stroke patients who currently have to travel to other regions.

NNUH Chief of Division for Clinical Support Services Dr Richard Goodwin who has been involved with the appeal planning said

it would help raise vital funds for this area of the patient journey.

Richard Goodwin said: “Our appeal aims to provide more equipment, more services, and more facilities for patients with strokes, cancer and other serious conditions where they are most needed at the N&N; this could be another MRI scanner or an additional CT scanner or creating the facilities necessary to accommodate these services for patients.”

Help us to help patients live their life to the fullest by supporting our appeal.



Visit www.nnhospitalscharity.org.uk to find out more or donate at www.justgiving.com/campaign/imagingappeal

N&N staff member completes European cycle trip to boost charity

A N&N staff member's 620-mile cycle journey across Europe has raised £561 for the ward where he works.

Docking ward Healthcare Assistant Lewis Leadley set off in June from Norwich, catching the train to Harwich, and then crossing by ferry to the Hook of Holland.

Lewis then cycled through Holland, Germany, and then through Denmark into Sweden, as far as Gothenburg.

He said: "I was able to camp most days, although I did treat myself to a B&B one night and stayed in

hostels while in cities."

"Everything went smoothly, although on one occasion in Germany, whilst following Google Maps – I was unable to find my designated campsite. The sun had already set and so I was pushed to set up camp off the road near a field. Afterwards I discovered that wild camping is illegal in Germany, so I was lucky to avoid a large fine."

Lewis was inspired to take

on the adventure by one of his patients. A Dutch patient made the initial suggestion to cycle in Holland, and the plan grew from there.

He said: **"This year marks the 250th anniversary of Norfolk having a hospital and I wanted to support the Hospital Charity to help benefit the staff."**

Lewis, who rides a hybrid bike – a cross between a road and mountain bike – is now planning his next trip.



Saving the life of a volunteer



A community football club is sporting a new logo on its shirts in recognition of the hospital which helped to save the life of one of its volunteers.



Steve Normanton, a referee and linesman and volunteer at Long Stratton Football Club, was treated at the Norfolk and Norwich University Hospital several years ago, after suffering a heart attack.

The 69-year-old from Long Stratton underwent surgery where a pacemaker and stents were placed. Last year, Steve bought some new kits for the club which will carry the N&N Hospitals Charity logo for the 2022/23 season.

Long Stratton Football Club is a growing community

club which caters for a huge diversity of age ranges.

Steve said: "People don't realise that getting the heart stents have given me a new life – the second chance is a gift and I want the shirts to carry the logo to thank them for what they did for me."

"I want people to be aware that they can come out better than before after something like this."

"The football club caters from mini kickers (aged 6 upwards) all through the age groups male and female. We have five adult teams all the

way up to walking football with our most senior player being 72 years old."

Club Chairman Paul Simmons said: **"We as a club are delighted with Steve's financial gift to support this wonderful charity."**

The 2022 Charity Champion Awards

The N&N Hospitals Charity is delighted to announce the winners of the 2022 Charity Champion Awards.

Our annual award programme aims to recognise and thank members of our community, including schools, young people, businesses and members of staff for supporting our hospitals in their own ways.

Charity Champion Inspiration Award

Natasha Adams, Lead Clinical Educator for HCAs in Surgery, has been involved with the charity since she was a staff nurse. Last year, she organised a 73-kilometre walking challenge, raising £1,500 for her ward, and a Great Easton Bake Off, raising hundreds of pounds more.



Charity Champion Director's Award

The Forum has supported us for a number of years, from the launch of the Boudicca Breast Cancer Appeal, sponsoring our Boudicca Christmas tree for two years in the St Peter Mancroft Christmas Tree Festival and hosting our Heritage Open Day exhibition celebrating 250 years of the N&N.



Charity Champion Corporate Award

Fireworks Ltd has organised a series of events over the past 12 months, including supporting our Christmas Snowflake Appeal, holding a summer fete and movie night among other activities, raising more than £5,000.



Charity Champion Staff Award

Richard Wharton has held a staff ball at the Assembly House, raising more than £2,000 for the charity and is instrumental in bringing music to the hospital, particularly talented young pianists and staff.



Charity Champion Community Award

Simon Game and Sainsbury's Longwater raised £4,548 for the £1m appeal to create a Norfolk and Norwich Orthopaedic Centre (NANOC), dressing up as Santa Claus and collecting donations from shoppers, while the store itself had charity buckets on each checkout.



Young Person's Charity Champion Award

Evie Youngs was diagnosed with Hodgkin's Lymphoma earlier this year aged 15, and has been treated at the Jenny Lind Children's Hospital. Since then, she has raised more than £6,000 for the department, through fundraising events and inspiring others to do the same.



Sofia Honey Adcock has successfully completed Oncology treatment at the Jenny Lind Children's Hospital, finally ringing the end-of-treatment bell this summer. Sofia and her family and friends have raised more the £5,000 for Jenny Lind Children's Hospital from a variety of events.



Charity Champion Schools Award

Town Close School: From a Christmas Fair to a French breakfast, the whole school went above and beyond to support the Jenny Lind Children's Hospital after choosing us as their charity of the year, raising more than £9,000.



Charity Lottery

Since its launch last year, the N&N Hospitals Charity Lottery has raised more than £14,174.

This is enough to have paid for two transcutaneous carbon dioxide monitors or a Sonosite SII Ultrasound System, or five staff members to undertake a Masters module as part of their further training.

For every £1 entry, at least 50p comes directly to the N&N Hospitals Charity to help us improve the hospital environment, purchase the very latest in state-of-the-art equipment, support staff welfare and players have a chance to win a £25,000 jackpot every week.

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**Norfolk & Norwich
Hospitals Charity**



For more details and to sign up, visit our website at www.nnhospitalscharity.org.uk

To make a donation

It's easy to make a donation to our charity:

- Online at www.nnhospitalscharity.org.uk
- Send a cheque payable to N&N Hospitals Charity
- Using one of the donation points around our hospitals
- By phoning the Charity Team on **01603 287107** for assistance

**However you donate,
thank you.**

Please complete the Gift Aid form below – so even more of your donation goes to support our hospitals and patients.

W/n 22

Name: _____

**Boost your donation by 25p for every
£1 you donate – at no extra cost to you**

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Address: _____

☐ I'd like to Gift Aid my donation & any donations I make in the future or have made in the past to the N&N Hospitals Charity.

I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference. Please notify us if you:

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Email: _____

Area of Support (if none entered your donation will go to help where it is most needed)

Tel: _____

Send to: **FREEPOST Plus RRJT-ERAK-YEKZ
NNUH, N&N Hospitals Charity, Colney Lane, Norwich, NR4 7UY**

T. 01603 287107

E. fundraising@nnuh.nhs.uk

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